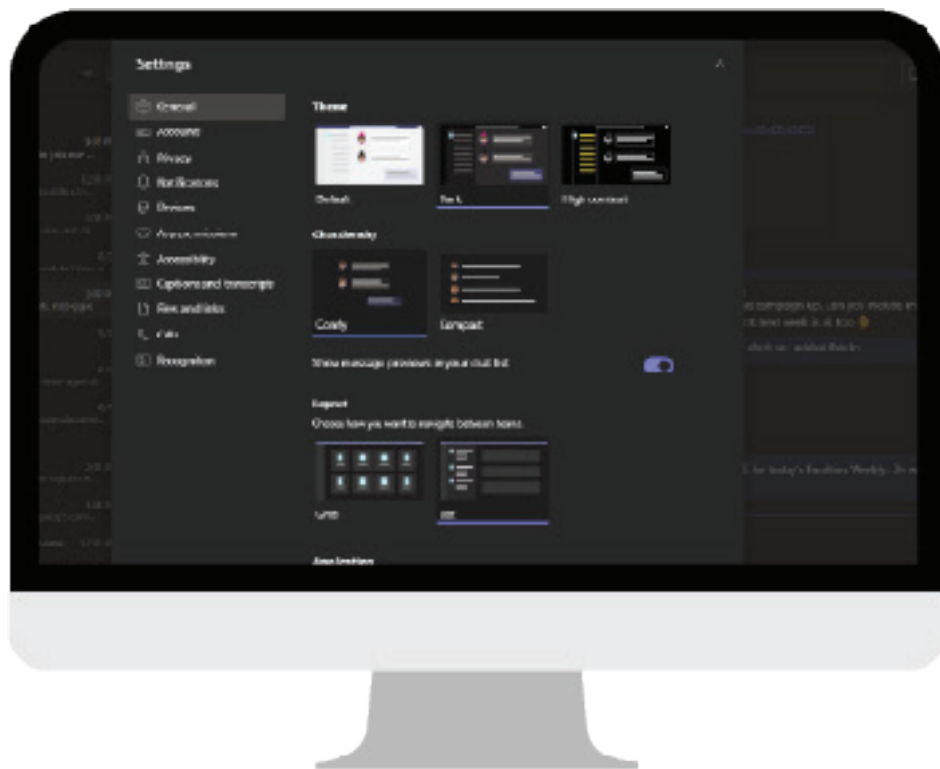


# Select a theme that works for you!



## Select a theme:

- 1 In the top right corner next to your photo, click '...'
- 2 Select 'Settings'
- 3 In the 'General' tab, you can select 'Default', 'Dark', or 'High Contrast'
- 4 Close the window to apply your new theme

Learn helpful tips and how to best adapt MS Teams to your needs!  
[communications.vpfo.ubc.ca/ms-teams](https://communications.vpfo.ubc.ca/ms-teams)